

Feel the power that comes from focusing on what excites you! - Oprah Winfrey

**FOCUS:** the state or quality of having or producing clear visual definition. Oxford Dictionary

As you move towards Creating Your First Million, it will be important to make sure you are Focusing on the right things to help determine your financial future. It's also important to not only focus on money alone, but on what drives you to do what is necessary to execute and create your Financial Dreams. So, it's vital to know what makes you tick and what ticks you off.

This worksheet is about getting clear and removing anxiety, so you can feel good and stay on the right track to accomplishing your milestones. It's when you know you are clear and have no anxieties about money that you'll "stop chasing paper" and start making an impact by helping people. You'll start experiencing true fulfillment.

Get in your quiet space and complete the questions below. Go back over your answers to make sure that you have been honest with yourself and answered to the best of your ability.

On a scale of 1 to 5 with "5" being the highest, h	how clear are you on your financial goals?
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\_\_\_1 \_\_\_2 \_\_\_3 \_\_\_4 \_\_\_5



On a scale of 1 to 5 with "5" being the highest, how focuse12345	ed are you on your financial goals?
What are your financial goals?	
•	_
•	_
•	_
•	_
When do you find yourself most focused on your financial certain environments etc.)?	goals (ex: certain time of day,



What do you feel prevents you from focusing on your financial goals?				
How much money would make you feel financially secure? \$				
How long do you feel it will take for you to Create Your First Million?				



hy do you want to Create Your First million?	
hat are you going to do with it?	

Focus on your Financial Dreams (Based on and inspired by Tony Robbins Wealth & Financial Mastery)

- 1. Financial Security
- 2. Financial Vitality
- 3. Financial Independence
- 4. Financial Freedom
- 5. Absolute Financial Freedom



#### **Focus On Your Financial Security**

To embrace your Financial Security means to have the following 5 things paid for x 12 months. Fill in the blank spaces and then calculate your basic monthly expenses x12 to determine your yearly

#### How is your Financial Security?

1. Rent or mortgage	payment: \$ _	pe	er month	
2. Food, household:	\$pe	er month		
3. Gas, Electric, wate	er, phone: \$_	pe	r month	
4. Transportation: \$	per	month		
5. Insurance Paymer	ıts: \$	per mon	th	
Total basic monthly expens	ses:	x 12 =		_ per year

**Financial Vitality** is when you're financially secure without having to work, plus these three things:

- 1. ½ of Clothing costs: \$\_\_\_\_\_ per month
- 2. ½ of Dining/Entertainment: \$ per month
- 3. ½ of Small indulgences/luxury: \$ \_\_\_\_\_\_ per month



Do you have Financial Security? Yes or No
If yes, congratulations! Your next step is <b>Financial Vitality</b> . If No, <b>Financial Security</b> is your
new i mancial Dream Goal:

### **Financial Independence**

Financial Independence is when you no longer have to work to have the same lifestyle you have today! **Note:** most of us Pink Millies still have work do.